



# Join!

JUMP AND JOIN | **#JUMPFORHERITAGE**  
DECEMBER 15TH - MAY 15TH

# What is #JUMPFORHERITAGE?

**In these challenging times of Covid-19, we are all hit hard. Lifestyles and daily programs have changed immensely. Heritage all around us is closed in many countries. Many sports activities have also been limited. However, outdoor sports and a good laugh have been shown to improve health by reducing stress and mental fatigue. Our digital world offers opportunities for innovative solutions to these problems. This is why we at FRH are initiating our campaign #JUMPFORHERITAGE which will unite sports and heritage!**

Let's link sports and heritage, health, fun and awareness to bring joyful moments while showcasing Europe's rich religious heritage.

Few historic buildings are as easy to find as religious buildings. They are often the oldest and most prominent building in a village or town. They mark a location where history happened. They are storytellers and are all around us.

Add your own story in front of a religious heritage site, create a unique joyful moment, and capture it in a photo. **#JUMPFORHERITAGE** is open to everyone!

**#JUMPFORHERITAGE** is a movement of optimism and beauty in an exceptional chain of religious heritage across Europe.



# How to Join?



## Share your jump across Europe

**#JUMPFORHERITAGE** is open to everyone. Every picture and moment of joy is equally important. Together they add up to the vital sense of community in Europe that is built around its multi-layered religious heritage.

Have fun, either individually or in a group, submit photos of a jump in front of any religious heritage site anywhere in Europe. Please respect the laws and regulations. Make sure to indicate the place and country, as well as why you chose this site, and upload it at any time beginning on **December 15**.

## How to Join:

### • POST YOUR PHOTO ON SOCIAL MEDIA

Use **#JUMPFORHERITAGE** and tag us.



@FRH\_Europe



@FutureForReligiousHeritage



@frh\_europe

### • JOIN THE PHOTO COMPETITION

Submit your photo to us by May 15. Finalists will be invited to participate in the FRH Awards Ceremony at our Biennial Conference in Barcelona in May 2021. The winner will be invited to Barcelona, all expenses paid! [Submit](#) your photo. More information [here](#).

## Let's jump in 2021 with a #JUMPFORHERITAGE



# About FRH



**#JUMPFORHERITAGE** is an initiative of FRH (Future for Religious Heritage) a non-faith, not-for-profit European organisation, working to safeguard and hand over Europe's religious heritage for the next generations to enjoy.

FRH brings together people and organisations who want to save and protect Europe's religious heritage. A European network with diverse members in the heritage, charity and not for profit sectors, universities, religious organisations and local and national governments, FRH provides a Europe-wide platform for co-operation and the exchange of ideas and knowledge.

## Future for Religious Heritage

Trierstraat 67 Rue de Trèves  
B - 1040 Brussels

Office landline: +32 24 00 77 03  
Office mobile: +32 471 66 37 36  
Skype: FutureForReligiousHeritage

Registered non-profit organisation  
(ASBL Belgium)

**#JUMPFORHERITAGE** is an extension of FRH's Torch initiative, a project collecting personal stories in the framework of the European Year of Cultural Heritage 2018.

FRH is one of the 28 EU Cultural Networks Co-funded by the Creative Europe Programme of the European Union.



Co-funded by the  
Creative Europe Programme  
of the European Union

FRH is Proud Member of the European Heritage Alliance

FOLLOW US:



## Let's jump in 2021!

[www.frh-europe.org](http://www.frh-europe.org)